



## GLUTEN-FREE RESOURCES

The following will acquaint you with companies that offer a selection of foods that are compatible with the Gluten-Free (GF) lifestyle.

Not all companies listed are exclusively GF manufacturers. The vendors/products listed do not constitute endorsement by Celiac Disease Foundation (CDF). CDF does not assume liability for the use of this information.

### **ALMOND GLORY FOODS**

818-683-4303/ [www.almondglory.net](http://www.almondglory.net)  
Low carb, diabetic safe baked goods

### **AMY'S KITCHEN INC.**

707-578-7188/ [www.amyskitchen.com](http://www.amyskitchen.com)  
Prepared meals, soups, sauces

### **ANDEAN DREAM, LLC**

310-281-6036/ [www.andeandream.com](http://www.andeandream.com)  
Quinoa cookies

### **ANNIE'S HOMEGROWN, INC.**

800-288-1089/ [www.annies.com](http://www.annies.com)  
Pasta, meals, snacks, etc.

### **ARROWHEAD MILLS (The Hain Celestial Group)**

800-434-4246/ [www.arrowheadmills.com](http://www.arrowheadmills.com)  
Flours, cereals, mixes, Deboles corn and rice pastas

### **\*ATTUNE FOODS / EREWHON**

800-553-2258/ [www.attunefoods.com](http://www.attunefoods.com)  
Probiotic chocolate bars for digestive health; ready made cereal

### **AUTHENTIC FOODS**

800-806-4737 or 310-366-7612/ [www.authenticfoods.com](http://www.authenticfoods.com)  
Baking mixes, flours and baking supplies

### **\*BLUE DIAMOND GROWERS**

800-987-2329/ [www.bluediamond.com](http://www.bluediamond.com)  
Nut thin crackers and non-dairy beverage

### **\*BOB'S RED MILL NATURAL FOODS INC.**

800-553-2258 or 503-654-3215/ [www.bobsredmill.com](http://www.bobsredmill.com)  
Flours, mixes, cereals, etc.

### **CHEBE BREAD (Prima Provisions)**

800-217-9510/ [www.chebe.com](http://www.chebe.com)  
Mix for rolls, breadsticks and pizza dough

### **\*CLEAN CRAVINGS**

888-623-6776/ [www.cleancravings.com](http://www.cleancravings.com)  
Dairy, soy & corn-free pizza and crusts

### **CREAM HILL ESTATES**

866-727-3628/ [www.creamhillstates.com](http://www.creamhillstates.com)  
Gluten free oatmeal/oats

### **\*CREAM OF RICE**

973-401-6500 / [www.bgfoods.com/creamofwheat/rice](http://www.bgfoods.com/creamofwheat/rice)  
Hot rice cereal

### **\*CRUNCHMASTER® CRACKERS**

800-896-2396 / [www.crunchmaster.com](http://www.crunchmaster.com)  
All natural, gluten free crackers and snacks

### **DE BOLES (The Hain Celestial Group)**

800-434-4246/ [www.deboles.com](http://www.deboles.com)  
Corn and rice pasta

### **DR. PRAEGER'S SENSIBLE FOODS**

877-772-3437 or 201-703-1300/ [www.drpraegers.com](http://www.drpraegers.com)  
Variety of frozen meals

### **EDWARD & SONS TRADING CO INC.**

415-380-1925/ [www.ellaskitchen.com](http://www.ellaskitchen.com)  
Candy, crackers, brown rice snaps, marinades, etc.

### **\*ELLA'S KITCHEN, INC.**

805-684-8500/ [www.edwardandsons.com](http://www.edwardandsons.com)  
Organic, Kosher, Gluten-Free Baby Food and Toddler Snacks

### **ENER-G FOODS**

800-331-5222/ [www.ener-g.com](http://www.ener-g.com)  
Pretzels, pasta, bread, rolls, cookies, etc

### **ENJOY LIFE NATURAL BRANDS**

888-503-6569 OR 847-260-0300/ [www.enjoylifefoods.com](http://www.enjoylifefoods.com)  
Bagels, cookies, snack bars, granola, cereals, etc.

### **FOODS BY GEORGE**

201-612-9700/ [www.foodsbygeorge.com](http://www.foodsbygeorge.com)  
Baked goods, pizzas

### **FOOD FOR LIFE BAKING COMPANY**

800-797-5090 or 951-279-5090/ [www.food-for-life.com](http://www.food-for-life.com)  
Ready-made breads, muffins, rice pastas

### **FREDA VITAMINS, INC.**

800-777-3737/ [www.freedavitamins.com](http://www.freedavitamins.com)  
Vitamins and nutritional supplements

### **\*FRENCH MEADOW BAKERY**

651-286-7861/877-NO YEAST  
Bread products and Baked Goods

### **\*GG'S ORIGINALS**

888-296-5084/ [www.ggsoriginal.com](http://www.ggsoriginal.com)  
Fresh and prepared meals

### **\*GENERAL MILLS CHEX® CEREALS**

800-328-1144/ [www.generalmills.com/glutenfree](http://www.generalmills.com/glutenfree)  
Rice, Corn, Chocolate, Cinnamon, Honey Nut Cereal

### **\*GENERAL MILLS BETTY CROCKER®**

800-446-1898/ [www.bettycrocker.com/glutenfree](http://www.bettycrocker.com/glutenfree)  
Gluten-free dessert mixes

### **GIFTS OF NATURE**

888-275-0003/ [www.giftsofnature.com](http://www.giftsofnature.com)  
Rolled oats, baking products

### **\*GLUTINO FOOD GROUP**

800-291-8386 or 860-633-3826/ [www.glutenfreepantry.com](http://www.glutenfreepantry.com)  
Breads, bagels, pastas, crackers, cookies, pizza, soups and mixes

### **GLUTEN EVOLUTION, LLC (Breads From Anna)**

877-354-3886 or 319-354-3886/ [www.glutenevolution.com](http://www.glutenevolution.com)  
Bread mixes

### **GLUTEN FREE OATS**

307-754-2058/ [www.glutenfreeoats.com](http://www.glutenfreeoats.com)  
Rolled oats/oatmeal

### **GLUTENFREEDA FOODS, INC.**

360-378-3675/ [www.glutenfreeda.com](http://www.glutenfreeda.com)  
Dairy free refrigerated cookies and online vendor

### **\*HODGSON MILL**

800-347-0105/ [www.hodgsonmill.com](http://www.hodgsonmill.com)  
Mixes, cereal, pastas, flours

### **IAN'S NATURAL FOODS**

978-989-0601/ [www.iansnaturalfoods.com](http://www.iansnaturalfoods.com)  
Variety of frozen foods

### **\*JONES DAIRY FARM**

800-563-1004/ [www.jonesdairyfarm.com](http://www.jonesdairyfarm.com)  
Breakfast sausages, bacon and ham

**\*KEDEM FOOD  
PRODUCTS INTERNATIONAL**

718-384-2400/ [www.kedem.com](http://www.kedem.com)  
Gefen pastas and cookies,  
Kedem Passover gefilte fish

**\*KETTLE CUISINE, INC**

877-302-7687/ [www.kettlecuisine.com](http://www.kettlecuisine.com)  
All natural frozen soups

**KIND SNACKS**

212-616-3006 / [www.kindsnacks.com](http://www.kindsnacks.com)  
Fruit and Nut Bars

**\*KING ARTHUR FLOUR**

800.827.6836/ [kingarthurfour.com](http://kingarthurfour.com)  
Baking mixes and flour

**KINNIKINNICK FOODS, INC.**

877-503-4466 OR 780-424-2900  
[www.kinnikinnick.com](http://www.kinnikinnick.com)  
Breads, bagels, buns, donuts,  
other baked goods

**LÄRABAR**

800-543-2147/ [www.larabar.com](http://www.larabar.com)  
Nutritious energy bars

**LISANATTI® FOODS**

866-864-3922/ [www.lisanatticheese.com](http://www.lisanatticheese.com)  
Cheese alternatives

**LUNDBERG FAMILY FARMS**

530-882-4551/ [www.lundberg.com](http://www.lundberg.com)  
Rice cakes, brown rice, rice pudding mixes,  
cereal, pasta, rice syrup

**\*MARY'S GONE CRACKERS**

888-258-1250/ [www.marysgonecrackers.com](http://www.marysgonecrackers.com)  
Organic high fiber crackers

**MONTINA AMAZING GRAINS**

877-278-6585/ [www.amazinggrains.com](http://www.amazinggrains.com)  
Grains, bread mixes and flours

**MRS. LEEPER'S, INC. (Liberty Richter)**

817-629-6275/ [www.mrsleeperspasta.com](http://www.mrsleeperspasta.com)  
Brown rice and corn pasta

**NAMASTE FOODS**

866-258-9493 or 208-676-9632  
[www.namastefoods.com](http://www.namastefoods.com)  
Cake mixes, cookie mixes, waffle &  
pancake mixes

**\*NANA'S COOKIE COMPANY**

800-836-7534 or 858-273-5775  
[www.healthycrowd.com](http://www.healthycrowd.com)  
Cookies and cookie bars

**\*NATURE'S PATH FOODS, INC.**

888-808-9505 or 604-248-8777  
[www.naturespath.com](http://www.naturespath.com)  
Organic Gluten-Free Cereals

**ORGANIC BISTRO**

[www.theorganicbistro.com](http://www.theorganicbistro.com)  
Frozen prepared meals

**ORGRAN**

877-380-3422 or 845-278-8164  
[www.orgran.com](http://www.orgran.com)  
Alternative grain, pastas and health foods

**PAMELA'S PRODUCTS**

707-462-6605/ [www.pamelasproducts.com](http://www.pamelasproducts.com)  
Ready-made cookies, biscotti, cookie,  
bread, pancake and baking mixes

**PANOS BRANDS**

201-843-8900/ [www.midelcookies.com](http://www.midelcookies.com)  
MI-DEL snack products

**PASTARISO Maple Grove**

Gluten Free Foods Inc.  
905-451-7423/ [www.maplegrovefoods.com](http://www.maplegrovefoods.com)  
Organic rice pastas

**PERKY'S NATURAL FOODS,**

Enjoy Life Natural Brands  
888-473-7597 or 847-260-0300  
[www.perkysnaturalfoods.com](http://www.perkysnaturalfoods.com)  
Gluten-free cereals

**\*PURE ORGANIC**

888-568-PURE/ [www.thepurebar.com](http://www.thepurebar.com)  
Fruit and nut bars: Organic, raw, vegan,  
and gluten-free

**PUREFIT**

866-PUREFIT/ [www.purefit.com](http://www.purefit.com)  
Nutrition bars

**QUINOA CORPORATION**

310-217-8125/ [www.quinoa.net](http://www.quinoa.net)  
Flour, flakes and pastas

**REAL FOODS**

+61 285956600/ [www.cornthins.com](http://www.cornthins.com)  
Corn thins

**R. W. GARCIA**

408-287-4616/ [www.rwgarcia.com](http://www.rwgarcia.com)  
Tortilla chips

**\*REDBRICK PIZZA**

[www.redbrickpizza.com](http://www.redbrickpizza.com)  
Pizza at neighborhood cafés

**\*RUDI'S GLUTEN FREE BAKERY**

877-293-0876/ [www.rudisglutenfree.com](http://www.rudisglutenfree.com)  
Breads and baked goods

**SAN-J INTERNATIONAL**

800-446-5500 or 804-226-8333/ [www.san-j.com](http://www.san-j.com)  
Tamari soy sauces, instant miso soups  
and rice crackers

**\*SCHÄR USA INC**

201-944-9800/ [www.schar.com](http://www.schar.com)  
Breads, pastas, crackers, cookies

**SHELTON'S POULTRY**

800-541-1833 or 909-623-4361  
[www.sheltons.com](http://www.sheltons.com)  
Chicken and turkey franks, lunchmeats,  
poultry products and beef sticks

**SNACK ALLIANCE, INC.**

800-665-3880/ [www.snackalliance.com](http://www.snackalliance.com)  
Riceworks

**\*SOLTERRA FOODS**

877.819.0161 or 970.222.6279  
[www.solterrafoods.com](http://www.solterrafoods.com)  
Fresh/frozen pasta, pizza baking mixes  
and condiments – soy-free

**\*THE PURE PANTRY**

760-908-3048/ [www.thepurepantry.com](http://www.thepurepantry.com)  
Baking mixes

**THINK THIN**

866-988-4465 or 805-644-4848  
[www.thinkproducts.com](http://www.thinkproducts.com)  
Nutrition bars

**TINKAYADA (Food Direction, Inc.)**

416-609-0016 / [www.tinkyada.com](http://www.tinkyada.com)  
Organic brown and white rice pastas

**TODDLER HEALTH**

323-937-9990 / [www.toddlerhealth.net](http://www.toddlerhealth.net)  
Drink mixes for children

**VAN'S INTERNATIONAL FOODS**

323-585-5581/ [www.vansfoods.com](http://www.vansfoods.com)  
Ready-made frozen pancakes and waffles

**UDI'S GLUTEN FREE FOODS**

303-657-6366 / [www.udisglutenfree.com](http://www.udisglutenfree.com)  
Breads & baked goods

**U.S. MILLS, INC.**

781-444-0440 / [www.usmillsinc.com](http://www.usmillsinc.com)  
Cereals

**\*VENICE BAKING CO.**

310-322-7357/ [www.venicebakery.com](http://www.venicebakery.com)  
Dairy, soy & egg free pizza and crusts

**\*ZOJIRUSHI AMERICA CORPORATION**

800-733-6270 or 310-769-1900  
[www.zojirushi.com](http://www.zojirushi.com)  
Automatic breadmaker for gluten-free baking

**COMMUNION WAFERS**

**BENEDICTINE SISTERS**

[www.benedictinesisters.org](http://www.benedictinesisters.org)  
Gluten-free communion wafers

**COOKBOOKS, DVDS & MORE**

**ALTERNATIVE COOK, LLC**

[www.alternativecook.com](http://www.alternativecook.com)

**SAVORY PALATE, INC.**

800-741-5418/ [www.savorypalate.com](http://www.savorypalate.com)

**GLUTEN FREE BEER COMPANIES**

**\*BARD'S TALE BEER CO., LLC**

816-272-2015/ [www.bardsbeer.com](http://www.bardsbeer.com)

**LAKEFRONT BREWERY, INC.**

414-372-8800/ [www.lakefrontbrewery.com](http://www.lakefrontbrewery.com)

**REDBRIDGE BEER**

800-342-5283/ [www.redbridgebeer.com](http://www.redbridgebeer.com)

**TRAVEL, DINING & GROCERY GUIDES**

**BOB & RUTH'S GF DINING AND**

**TRAVEL CLUB**

410-939-3218/ [www.bobandruths.com](http://www.bobandruths.com)

**GLUTEN FREE PASSPORT**

866-564-1440/ [www.glutenfreepassport.com](http://www.glutenfreepassport.com)  
Books and booklets on traveling and dining out

**TRIUMPH DINING**

609-564-0445/ [www.triumphdining.com](http://www.triumphdining.com)  
GF restaurant cards and grocery guide

**ONLINE RESOURCES**

[www.liveglutenfreely.com](http://www.liveglutenfreely.com) (General Mills  
product news & recipes)

[www.glutenfreemall.com](http://www.glutenfreemall.com)

[www.glutenfree.com](http://www.glutenfree.com)

[www.ceciliasmarketplace.com](http://www.ceciliasmarketplace.com)

[www.gfmeals.com](http://www.gfmeals.com)

[www.glutenfreedugs.com](http://www.glutenfreedugs.com)

[www.simplyglutenfree.org](http://www.simplyglutenfree.org)

[www.glutenfreetravelstite.com](http://www.glutenfreetravelstite.com)

[www.navanfoods.com](http://www.navanfoods.com) (Navan Foods:  
The Allergy Free Food Shop)

**\*Celiac Disease Foundation Sponsors**